

**Deborah J. White, MD**

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**EDUCATION**

**Fellowship**

Plastic Surgery  
1995-1996

**Breast Reconstruction/ Aesthetic Surgery, Nashville, TN**

G. Patrick Maxwell, MD  
Jack Fisher, MD  
Joseph DeLozier, MD

**Residency**

Plastic Surgery  
1993 - 1995

**University of New Mexico, Albuquerque, NM**

Program Director: James Nachbar, MD

**Fellowship**

Plastic Surgery  
1992 - 1993

**Maricopa Medical Center, Phoenix, AZ**

Program Director: Rick Weimer, MD

**Residency**

General Surgery  
1990 - 1992

**Maricopa Medical Center**

Program Director: James Malone, MD

Including 6 months of acute Burn experience, with 4 of these months as Chief of the Regional Burn Center.

**Internship**

1989 - 1990

**Maricopa Medical Center**

Program Director: James Malone, MD

**Medical School**

1985 - 1989

**University of Arizona, Tucson, AZ**

MD 1989

**Undergraduate**

1981 - 1985

**Harvard College, Cambridge, MA**

BA Biology 1985

-Dean's List x 7 semesters

-4-year National Merit Scholarship

**High School**

1977-1981

**Amphitheater High School, Tucson, AZ**

-Valedictorian (Class of approximately 500)

**Board Certification:**

Board Certified in Plastic and Reconstructive Surgery

**Medical licenses:**

State of Arizona. License number: 21072

**DEA Registration:**

Arizona

**Membership in Professional Organizations:**

**Past President;** Rocky Mountain Society of Plastic and Reconstructive Surgeons, 2001-2002

Member; American Society of Plastic Surgeons

Past Treasurer; Rocky Mountain Society of Plastic and Reconstructive Surgeons

Past Secretary; Maricopa County Plastic Surgeons Society  
Maricopa Medical Society  
Member; American Society of Aesthetic Plastic Surgeons  
Past Member; Steering Committee; Young Plastics Surgeons Society  
Past Member; New Practice Subcommittee, YPS  
Past Member; Scientific Committee/Breast Surgery ASPS

## **PUBLICATIONS:**

White DJ. **The Skinny on UAL.** *Plastic Surgery Products.* January 2005:18-26.

White DJ, Baack BR, et al. **Aplicacoes Clinicas da Tecnica do Pediculo Central para Reducao da Mama.** In Ribeiro RC, Saltz R, editors: *Cirurgia Da Mamma.* Rio de Janeiro, RJ: Revinter, 2001.

White DJ, Maxwell GP: **Breast Reduction.** 5:2705-41. In Achauer BM, Eriksson E, Guyuron B, et al, editors: *Plastic Surgery: Indications, Operations, Outcomes.* Philadelphia: Mosby-Year Book, 2000.

White DJ, Maxwell GP: **Breast Reduction.** In Weinzweig J, editor: *Plastic Surgery Secrets.* Philadelphia: Hanley & Belfus, 1999. Updated chapter for new edition 2005.

White DJ. **UAL Basic Science/Physics.** In PSEF UAL Regional Workshop Syllabus. 1997.

Guest Editors: Maxwell GP, White DJ: *Operative Techniques in Plastic and Reconstructive Surgery: Breast Reduction.* Vol 3. No 3. August 1996.

White DJ, Baack BR, et al. **Clinical Applications of the Central Pedicle Technique of Breast Reduction.** *Operative Techniques in Plastic and Reconstructive Surgery.* Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Breast Reduction With Ultrasonic-Assisted Liposuction.** *Operative Techniques in Plastic and Reconstructive Surgery.* Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Inferior Pedicle Technique of Breast Reduction.** *Operative Techniques in Plastic and Reconstructive Surgery.* Vol 3. No 3. August 1996.

Baack BR, Anson G, Nachbar J, White DJ. **Umbilicoplasty: The Construction of a New Umbilicus and Correction of Umbilical Stenosis Without External Scars.** *Plastic and Reconstructive Surgery.* 97:227, Jan 1996.

White DJ, Schnur PL. **Striae Distensae Following Augmentation Mammoplasty.** *Annals of Plastic Surgery.* 34:16, Jan 1995.

**APPOINTMENTS:** National/Regional Instructor for Ultrasound-Assisted Liposuction.  
Former Technical Editor for the *Aesthetic Surgery Journal*  
Past PRESIDENT: Rocky Mountain Society of Plastic & Reconstructive Surgeons

**FOREIGN MISSIONS:** Healing the Children - cleft lip/palate and burn surgery  
Pereira, Columbia - February 1995

## **PRESENTATIONS:**

### **Belt Lipectomies and Lower Body Lift after Massive Weight Loss.**

Bariatric Plastic Surgery Workshop (2<sup>nd</sup> Annual)  
Amelia Island, FL. Nov 1 – 5, 2006

### **Management of the Arms and Chest in Obesity and Massive Weight Loss.**

Bariatric Plastic Surgery Workshop (2<sup>nd</sup> Annual)  
Amelia Island, FL. Nov 1 – 5, 2006

### **Management of the Thighs and Buttocks in Obesity and Massive Weight Loss.**

Bariatric Plastic Surgery Workshop (2<sup>nd</sup> Annual)  
Amelia Island, FL. Nov 1 – 5, 2006

### **Belt Lipectomy after Massive Weight Loss.**

Bariatric Plastic Surgery Workshop (1<sup>st</sup> Annual)  
Amelia Island, FL. 2005

### **Massive Weight Loss Panel.**

Bariatric Plastic Surgery Workshop (1<sup>st</sup> Annual)  
Amelia Island, FL. 2005

### **Techniques and Pitfalls: Extremities and Buttocks.**

### **Reimbursement for Plastic Surgery after Massive Weight Loss.**

Bariatric Plastic Surgery Workshop (1<sup>st</sup> Annual)  
Amelia Island, FL. 2005

Life After Breast Cancer Lecture Series

Arizona Institute for Breast Health

Scottsdale, AZ. May 3, 2005

Scottsdale, AZ. December 7, 2004

Lecture: **Enhancing Your Bustline: Reconstructive Options**

Panel ASPS Annual Meeting

### **Fresh Faces, New Cases**

### **Mastopexy and Pocket Change in the Patient with Poor Tissues**

Philadelphia, PA October 10, 2004

### **Vertical Incisions for Breast Surgery**

Rocky Mountain Association of Plastic and Reconstructive Surgeons

35<sup>th</sup> Annual Scientific Meeting

February 2004. Las Vegas, NV

### **Aesthetic Surgery After Weight Loss**

Scottsdale Bariatric Center Lecture Series

Scottsdale, AZ November 3, 2003

### **Lower Body Lifts and Related Procedures**

Virginia Piper Outpatient Surgery Center

Scottsdale, AZ September 15, 2003

Life After Breast Cancer Lecture Series.

Arizona Institute for Breast Health

Scottsdale, AZ. May 2, 2000

Lecture: **Reconstruction Pros and Cons**

Rocky Mountain Society of Plastic & Reconstructive Surgeons Annual Meeting  
Princeville, Kauai. February 16, 2000  
Presentation: **Experience with The SPAIR reduction/mastopexy technique.**

Third International Ultrasonic Lipoplasty Symposium (Faculty Member)  
Santa Fe, New Mexico. August 30-31, 1998  
Lecture: **Seromas: Prevention and Treatment**  
Panel: **Post Operative Care Following UAL**  
Panel: **Caveats and Avoidance of Pitfalls**

**Course Instructor: "Ultrasound-Assisted Liposuction"**  
**Presentation: "UAL and Excisional Surgery"**  
XXIX National Congress of Plastic Surgery (AMCPER '98)  
May 22, 23, 1998. Cancun, Mexico

**Medical/Surgical Grand Rounds.**  
"Recent Developments in Body Contouring Surgery"  
May 8<sup>th</sup>, 1998, Scottsdale Healthcare Shea

**Moderator: UAL Panel**  
Rocky Mountain Association of Plastic and Reconstructive Surgeons.  
Twenty-ninth Annual Scientific Meeting  
February 14-20, 1998. Cabo San Lucas, Mexico

**Course Instructor: "Ultrasound-Assisted Liposuction"**  
Canadian Plastic Surgical Society Annual Conference  
September 4, 1997. British Columbia, Canada

**Course Instructor. "Ultrasound-Assisted Liposuction International Instructional Course"**  
Australasian Society of Aesthetic Plastic Surgery Annual Conference  
July 6-10, 1997. Queenstown, New Zealand.

**Faculty Member/ Lab Instructor. UAL Regional Courses.**  
October 22, 1999 New Orleans, LA  
June 25, 1999 San Francisco, CA  
October 2, 1998 Boston, MA  
February 28, 1998 Park City, UT  
May 2, 1997 New York, NY  
March 15, 1997 New York, NY  
January 23, 1997 La Jolla, CA

**"Autologous Reconstruction of the Breast by Pedicle TRAM Flap"**  
Panel: "Breast Reconstruction I"  
Rocky Mountain Association of Plastic and Reconstructive Surgeons  
Annual Scientific Meeting  
Feb 8-15, 1997 Durango, CO

Mary Gingrass, MD, Deborah White, MD (Course Instructors)  
Annual Meeting of the American Society of Plastic and Reconstructive Surgeons  
Dallas, TX November 9 - 11, 1996  
Course: **"Ultrasound-Assisted Body Contouring"**

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)  
Algarve, Portugal. November 29, 1995  
Lecture: **“Ultrasonic-Assisted Lipoplasty in the USA”**

First International Ultrasonic Lipoplasty Symposium (Faculty Member)  
Algarve, Portugal. December 1, 1995.  
Lecture: **“UAL in Surgery of the Breast”**

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)  
Algarve, Portugal. November 30, 1995.  
**Live Surgical Demonstration of UAL Techniques.**

Hand-On Practical Skills Workshop  
Nashville, TN. July 20 - 22, 1995  
Faculty Member  
**Suturing Techniques Workshop for the Primary Caregiver.**

## **TELEVISION APPEARANCES:**

**The Learning Channel. Fall 2002 (ongoing)**  
**A Personal Story.** Half hour episode on breast reduction surgery with a small scar.

**The Learning Channel. October/December 2001 (ongoing)**  
**A Personal Story.** “Going Sleeveless” (Half-hour show on Brachioplasties).

11/19/01 FOX Channel 10 News. **Breast Augmentation Surgery**  
5/21/01 FOX Channel 10 News. **Fat Transfer for Lip Augmentation.**  
1/4/01 KTVK Channel 3 News. **Breast Implants.**  
5/25/99 KSAZ Channel 10 News. **Varicose Veins.**  
3/4/99 KSAZ Channel 10 News. **Stretch Marks.**  
11/19/97 KNXV Channel 15 News. **Dangers of Liposuction.**  
1/7/97 KTVK Channel 3 News. **Ultrasound-Assisted Liposuction.**  
10/30/96 KNXV Channel 15 News. **Ultrasound-Assisted Liposuction.**