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Aesthetic & Reconstructive Surgery

BROWLIFT PATIENT INSTRUCTIONS

1. You will be discharged with your pain medication which can be taken as directed by your physician. The small surgical clips used to close the incisions will be removed in the office 7 – 10 days after surgery. You may wash your hair after the dressings are removed, but be very careful with your hair dryer. Your scalp will be numb and you can burn yourself severely!!
2. Keep dressings in place for 48 hours. You may then remove the dressing and shower and shampoo your hair. Replace the foam pad (sticky side down) and the ace wrap. It should be snug but not tight. Wear it as much as possible, but you may remove (AFTER the 1st 48 hrs) to go out.
3. Forehead swelling may prevent the upper eyelids from closing completely for several days, especially when combined with upper eyelid surgery. Lubricating eye ointment such as Genteal or Lacri-Lube, which should be purchased ahead of time at your local drug store, must be used before going to sleep to prevent dryness. Eye drops such as Liquifilm Forte or Refresh can be used during the day if your eyes feel dry. These medications can be purchased without a prescription.
4. Numbness and tingling sensation in the forehead may last for several weeks. You may also experience some tenderness in this region. Numbness over the top of the head can last for months.
5. Makeup can be used within several days. Although your appearance will be presentable within several weeks, final healing may require several months. Bruising is common around the eyes after forehead surgery. **EVEN IF NO EYELID SURGERY IS DONE.**
6. As the small nerves grow back, symptoms of itching are often experienced; these eventually disappear over a period of months. You may also have 2 small indentations in your forehead by the hairline. These are temporary!