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Aesthetic & Reconstructive Surgery

## **BREAST REDUCTION QUESTIONNAIRE**

1.	At what age did you first begin to note rapid breast enlargement?			
2.	Has your body weight been stable, within +/- 10 lbs during the past year?	Yes	No	
3.	Are your breasts presently at the largest size they have ever been?	Yes	No	
4.	Have you had any chronic or recurrent back pain or discomfort?	Yes	No	
5.	Have you any chronic or recurrent neck pain or discomfort?	Yes	No	
6.	Has any physician told you that your back or neck strain is directly related to			
	your large breasts?	Yes	No	
	If yes, please give the name of the physician:			
7.	Do you have any functional limitations in daily activities because of your large			-
	breasts?	Yes	No	
	If yes, please explain:			
				_
				_
8.	Because of your large breasts, do you have any inabilities to exercise properly?	Yes	No	
	If yes, please explain:			_
				-
9.	Have you had any problems with recurrent headaches?	Yes	No	-
	If yes, have you been told by a neurologist or other physician that they			
	may be caused by your large breasts?	Yes	No	
	If yes, please give the name of the physician:			
10.	Do you have shoulder pain where the bra strap crosses the shoulder?	Yes	No	
11.	Do you have furrows (depressions) in the shoulder region where your bra	Yes	No	
	straps cross the shoulder?			
12.	Do you have the constant sensation of a heavy anterior chest wall and	Yes	No	
	uncomfortable breasts?			
13.	Have you noted numbness of the little finger of your hand?	Yes	No	
14.	Have you experienced any pain radiating down the back of the arm to the	Yes	No	
	elbow region?			