# Deborah J. White, MD

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### **EDUCATION**

**Fellowship** 

Breast Reconstruction/ Aesthetic Surgery, Nashville, TN

Plastic Surgery 1995-1996

G. Patrick Maxwell, MD Jack Fisher, MD

Joseph DeLozier, MD

Residency

University of New Mexico, Albuquerque, NM

Plastic Surgery 1993 - 1995 Program Director: James Nachbar, MD

Fellowship Plastic Surgery 1992 - 1993 Maricopa Medical Center, Phoenix, AZ Program Director: Rick Weimer, MD

Residency

Maricopa Medical Center

General Surgery

Program Director: James Malone, MD

1990 - 1992

Including 6 months of acute Burn experience, with 4 of these months

as Chief of the Regional Burn Center.

Internship

Maricopa Medical Center

1989 - 1990 Program Direct

Program Director: James Malone, MD

Medical School

University of Arizona, Tucson, AZ

1985 - 1989

MD 1989

Undergraduate 1981 - 1985 Harvard College, Cambridge, MA

BA Biology 1985

-Dean's List x 7 semesters

-4-year National Merit Scholarship

High School 1977-1981 Amphitheater High School, Tucson, AZ

-Valedictorian (Class of approximately 500)

**Board Certification:** Board Certified in Plastic and Reconstructive Surgery

American Board of Plastic Surgery

**Medical licenses:** State of Arizona. License number: 21072

**DEA Registration:** Arizona

Practice: In solo practice since 1996

Hospital Affiliations: HonorHealth Scottsdale Shea Courtesy Staff

HonorHealth Scottsdale Osborn Courtesy Staff

#### Membership in Professional Organizations:

**Past President**; Arizona Society of Plastic Surgeons 2014-2015 **Past Treasurer**: Arizona Society of Plastic Surgeons 2013-2014

Past President: Rocky Mountain Society of Plastic and Reconstructive Surgeons, 2001-2002

Past Treasurer: Rocky Mountain Society of Plastic and Reconstructive Surgeons

Past Secretary: Maricopa County Plastic Surgeons Society

Member: Maricopa Medical Society

Member: American Society of Aesthetic Plastic Surgeons/The Aesthestic Society

Member: American Society of Plastic Surgeons

Member: AZ Society of Plastic Surgeons

### **PUBLICATIONS:**

White DJ, Maxwell GP: **Breast Reduction**. In Weinzweig J, editor: *Plastic Surgery Secrets* (Second edition). Mosby, 2010.

White DJ, Baack BR, et al. **Aplicocoes Clinicas da Tecnica do Pediculo Central para Reducao da Mama**. In Ribeiro RC, Saltz R, editors: *Cirurgia Da Mamma*. *Rio de Janeiro, RJ: Revinter*, 2001.

White DJ, Maxwell GP: **Breast Reduction**. In Achauer BM, Eriksson E, Guyuron B, et al, editors: *Plastic Surgery: Indications, Operations, Outcomes*. Philadelphia: Mosby-Year Book, 2000

White DJ, Maxwell GP: **Breast Reduction**. In Weinzweig J, editor: *Plastic Surgery Secrets*. Philadelphia: Hanley & Belfus, 1999.

White DJ. UAL Basic Science/Physics. In PSEF UAL Regional Workshop Syllabus. 1997.

Guest Editors: Maxwell GP, White DJ: *Operative Techniques in Plastic and Reconstructive Surgery:* **Breast Reduction.** Vol 3. No 3. August 1996.

White DJ, Baack BR, et al. Clinical Applications of the Central Pedicle Technique of Breast Reduction. Operative Techniques in Plastic and Reconstructive Surgery. Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Breast Reduction With Ultrasonic-Assisted Liposuction.** *Operative Techniques in Plastic and Reconstructive Surgery.* Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Inferior Pedicle Technique of Breast Reduction.** *Operative Techniques in Plastic and Reconstructive Surgery.* Vol 3. No 3. August 1996.

Baack BR, Anson G, Nachbar J, White DJ. **Umbilicoplasty: The Construction of a New Umbilicus and Correction of Umbilical Stenosis Without External Scars.** *Plastic and Reconstructive Surgery.* 97:227, Jan 1996.

White DJ, Schnur PL. **Striae Distensae Following Augmentation Mammoplasty.** *Annals of Plastic Surgery.* 34:16, Jan 1995.

**APPOINTMENTS:** National/Regional Instructor for Ultrasound-Assisted Liposuction.

Former Technical Editor for the Aesthetic Surgery Journal

FOREIGN MISSIONS: Healing the Children - cleft lip/palate and burn surgery

Pereira, Columbia - February 1995

## PRESENTATIONS:

Lecture: "Extended Brachioplasties"

WPS Enrichment Retreat

Jan 29, 2021

Podcast: "Covid 19 and Plastic Surgery"

The Arizona Physician Podcast

Jan 1, 2021

Lecture: "Corner Lip Lift"

Georgia Society of Plastic Surgeons 2020 Scientific Meeting

Aug 7-9, 2020

Lecture: "The Corner Lip Lift"

WPS Enrichment Retreat

Feb 7, 2020

## "Current Options in Breast Augmentation"

ABC 15 Sonoran Living 2019

"Trends in Beauty for Women over 50"

Radio Show: Beauty Inside Out

Jul 24, 2019

Paper: "When the Board Comes Calling"

Arizona Society of Plastic Surgeons Annual Scientific Meeting

May 12, 2018

Moderator: Panel: Plastic Surgery After Massive Weight Loss

Lecture: "Artistic Treatment of Excess Skin After Massive Weight Loss"

Arizona Society of Plastic Surgeons Annual Meeting

May 13, 2017

### Lecture: "How Implant Shape Affects Breast Appearance in Vivo"

Arizona Society of Plastic Surgeons Annual Meeting

May 13, 2017

# **Aesthetic Surgery After Weight Loss**

Scottsdale Bariatric Center Lecture Series

Scottsdale, AZ November 3, 2003

# **Lower Body Lifts and Related Procedures**

Virginia Piper Outpatient Surgery Center Scottsdale, AZ September 15, 2003

#### Life After Breast Cancer Lecture Series.

Arizona Institute for Breast Health Scottsdale, AZ. May 2, 2000

#### Lecture: Reconstruction Pros and Cons

Rocky Mountain Society of Plastic & Reconstructive Surgeons Annual Meeting

Princeville, Kauai. February 16, 2000

Presentation: Experience with The SPAIR reduction/mastopexy technique.

Third International Ultrasonic Lipoplasty Symposium (Faculty Member)

Santa Fe, New Mexico. August 30-31, 1998
Lecture: Seromas: Prevention and Treatment
Panel: Post Operative Care Following UAL
Panel: Caveats and Avoidance of Pitfalls

Course Instructor: "Ultrasound-Assisted Liposuction"

Presentation: "UAL and Excisional Surgery"

XXIX National Congress of Plastic Surgery (AMCPER '98)

May 22, 23, 1998. Cancun, Mexico

### Medical/Surgical Grand Rounds.

"Recent Developments in Body Contouring Surgery" May 8<sup>th</sup>, 1998, Scottsdale Healthcare Shea

## **Moderator: UAL Panel**

Rocky Mountain Association of Plastic and Reconstructive Surgeons. Twenty-ninth Annual Scientific Meeting February 14-20, 1998. Cabo San Lucas, Mexico

## Course Instructor: "Ultrasound-Assisted Liposuction"

Canadian Plastic Surgical Society Annual Conference September 4, 1997. British Columbia, Canada

## Course Instructor. "Ultrasound-Assisted Liposuction International Instructional Course"

Australasian Society of Aesthetic Plastic Surgery Annual Conference July 6-10, 1997. Queenstown, New Zealand.

## Faculty Member/ Lab Instructor. UAL Regional Courses.

October 22, 1999 New Orleans, LA June 25, 1999 San Francisco, CA October 2, 1998 Boston, MA February 28, 1998 Park City, UT May 2, 1997 New York, NY March 15, 1997 New York, NY January 23, 1997 La Jolla, CA

### "Autologous Reconstruction of the Breast by Pedicle TRAM Flap"

Panel: "Breast Reconstruction I" Rocky Mountain Association of Plastic and Reconstructive Surgeons Annual Scientific Meeting Feb 8-15, 1997 Durango, CO

Mary Gingrass, MD, Deborah White, MD (Course Instructors)
Annual Meeting of the American Society of Plastic and Reconstructive Surgeons
Dallas, TX November 9 - 11, 1996

Course: "Ultrasound-Assisted Body Contouring"

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)

Algarve, Portugal. November 29, 1995

Lecture: "Ultrasonic-Assisted Lipoplasty in the USA"

First International Ultrasonic Lipoplasty Symposium (Faculty Member)

Algarve, Portugal. December 1, 1995. Lecture: "UAL in Surgery of the Breast"

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)

Algarve, Portugal. November 30, 1995.

Live Surgical Demonstration of UAL Techniques.

Hand-On Practical Skills Workshop Nashville, TN. July 20 - 22, 1995 Faculty Member Suturing Techniques Workshop for the Primary Caregiver.

#### **TELVISION APPEARANCES:**

ABC 15 2019 Sonoran Living.

Current Options in Breast Augmentation

The Learning Channel. Fall 2002

A Personal Story. Half hour episode on breast reduction surgery with a small scar.

The Learning Channel. October/December 2001 (ongoing)

A Personal Story. "Going Sleeveless" (Half-hour show on Brachioplasties).

11/19/01 FOX Channel 10 News. **Breast Augmentation Surgery** 

5/21/01 FOX Channel 10 News. Fat Transfer for Lip Augmentation.

1/4/01 KTVK Channel 3 News. Breast Implants.

5/25/99 KSAZ Channel 10 News. Varicose Veins.

3/4/99 KSAZ Channel 10 News. Stretch Marks.

11/19/97 KNXV Channel 15 News. Dangers of Liposuction.

1/7/97 KTVK Channel 3 News. Ultrasound-Assisted Liposuction.

10/30/96 KNXV Channel 15 News. **Ultrasound-Assisted Liposuction.**